

REPORT ON JPIC/ FMW ACTIVITIES

BANGALORE REGION 2019

ST. MARY'S CONVENT HIGH SCHOOL, MUMBAI

ECO – NEX CLUB

Plant a tree,

Plant a new life....

Take care of trees,

They take care of you

Our school has formed Eco-Nex club with the aim of forming eco-green friendliness to save our environment, to get the next generation ready to save the environment and preserve the nature, to understand and take the responsibility of participating to create awareness among children about their social responsibility to save the planet for the next generation.

Our School has been participating for the Green School Campaign, Don Bosco School, Matunga. Two of our teachers had attended the seminar to guide the students of the nature club.

Last academic year we submitted the MLP (Micro Laminated Plastic) and received the CERTIFICATE OF APPRECIATION.

The Green Line every year comes out with the Theme to be followed for every academic year.

The Theme for this academic year is “BREATHE FREE” and accordingly the following activities, workshops, seminars etc. are conducted

Breathe Free Campaign Highlights:

- i) Restoring our Indoors
- ii) Reviving our Surroundings
- iii) Realizing our Responsibility (to create responsible citizens).

There are various activity based competitions they conducted, and tasks are given for the nature club students to follow and submit with the green-line team.

Two of the resource persons from Green-line team had come to our school for the orientation of the students of Nature Club and explained the Theme of the year to the students.

Our School conducted the Plantation Drive in the campus and the sapling plantation was done in the school by the nature club students after taking an oath: They are the nature protectors and will take care of the nature starting from their school.



The school has Nature Club for the classes 6 to 8 . Two students from these classes from every division are appointed as Green Commanders and they see to the cleanliness of their class. Every month our Principal announces the neatest class of the month and that class along with the class teacher are appreciated for their efforts, which is very motivating for all.

The nature club students accompanied with their teacher got the opportunity to attend the workshop on Gardening which was conducted by Green-Line at the Don Bosco School, Matunga. The workshop gave the skills of gardening and the idea of so many different varieties of plants. The students were given hands on experience on planting the seeds and were allowed to take with them and were asked to explain it to the nature club students.

There was a Nature walk Conducted by Green-line at the Ambedkar Udyaan at Powai, which was attended by two students along with a teacher of Nature club . Students got to learn a lot about Flora & Fauna and variety of plants, insects, trees, mangroves, carbon, fungi etc.

Tasks conducted for the months:

July Task 2019: Air Spector : To Survey your home and look for :

- a. Different signs of indoor air pollutants (moulds in the wall, dust, etc.)
- b. find out what are the causes of these pollutants (leaking tap, construction work around, etc.)
- c. whether this pollution is causing any illness to anyone who lives around
- d. list down everything that you find
- e. Come Up with a solution to reduce the spread of that particular Pollutant

Based on above topics, we asked the students to do a project. By doing the project they learnt different types of moulds which attack their buildings.

They came out with a solution of “Reduce, Recycle and Reuse”

August Task 2019: The students planted Indoor air Purifying Plants in Classrooms and School Premises (Aloevera, Tulsi, Neem etc.)

Objectives:

- a. What is Indoor Air Pollution and what harm it causes the human body
- b. Which plants absorb the pollutants in the air
- c. Phytoremediation
- d. list of Indoor Plants and their compounds which pollute the compound.
- e. Air Purifying Indoor Plants



September Task 2019: “I want to Breathe Free !” Globally school children have begun voicing for the climate change and environmental issues.

Objectives:

- a. To Initiate an awareness campaign in Schools and / in the neighbourhood
- b. to make use of Posters, have group meetups or have an assembly where they speak about air Pollution and other environmental issues.
- c. ‘Fridays For Future’ to join the Nature Climate Week’
- d. Students will have better communication and organizing skill

Save the Environment Live Longer!!

Reported by- Sr. Edwina CJ

ST. MARY'S CONVENT HIGH SCHOOL, BANGALORE

JPIC club Inauguration:

The inauguration of the JPIC club for the academic session 2019-20 was held on Wednesday, 3rd July, 2019. The ceremony started with the invocation to God Almighty through a prayer dance. It was followed by lighting the lamp by our respected principal Sr. Shradha, our club animators Sr. Auxilia and Mrs. Kavita Kumari, the club leaders Master Joshua and Kumari Sanjana. The club members conducted a beautiful prayer service based on the theme 'Justice ,Peace and Integrity of creation'. Next was the PowerPoint presentation by the club animator Sr. Auxilia highlighting the aims and objectives of the JPIC club. The highlight on 'Justice, Peace and Integrity of creation' was very inspiring and informative. After this Mrs. Kavita Kumari briefed out the activities to be conducted by the club in the activity period. Finally Sr. Shradha, the principal addressed the gathering and encouraged the club members to conduct different activities and keep the club lively.

CLUB ACTIVITY As a part of the club activity on 27.7.19 the club members made paper bags using newspapers. In the following week the club members were divided into different groups and each group prepared a collage on the themes such as "Save water", "Save environment" and "Floods in India".



CYCLE MARATHON: The members of the JPIC club along with the teachers took part in the Cycle Marathon organized by the NGO group of 'SWAR'. It was organized to emphasize the pollution free environment



CONTRIBUTION TO THE NEEDY:.

The JPIC & Friends of Mary Ward club leaders & the Animators took the initiative to collect things for the needy. The students shared the things generously and was given to the Home run by the Prison Ministry of India for the children of the prisoners.



Reported by
SR. AUXILIA C.J

MARY WARD MATRIC HR. SEC. SCHOOL, TAMILNADU

JPIC activities done in the convent /School.

1. Collecting rainwater for the use
2. Using water sparingly and soiled water is poured for plants
3. Rearing cows and hens for home use
4. Using biogas and firewood for daily cooking
5. Keeping the surrounding clean to avoid mosquito breeding
6. Whenever water is available, cultivating ordinary vegetables like tomato, lady's finger, brinjal, beans etc. for cooking
7. Separate bins for dry and wet kitchen waste
8. Using cloth bags for purchases instead of plastic bags
9. Avoiding plastic cups and plates instead using steel glass, banana leaves or paper plates
10. Eco Warriors of the school pledged to create green earth during their installation. Prayer services are conducted by them before the festivals to tell the advantages of eco friendly celebration. E.g. Ganesh Chaturthi, Diwali
11. Only saplings are received on Birthday and feast day celebrations in the school
12. The students plant these saplings in the school compound and they themselves water them. Certain students bring water from their homes to water their plants.
13. Value education classes for class 9 was taken on Justice, peace and integrity of creation by and test was conducted for 2 years with the data collected from the net.
14. Prayer service for rain was conducted for parents and students and plants were distributed to them
15. Fancy dress competitions were based on fruits and vegetables as they spoke of its importance.
16. Save water, save life, and save the earth was the topic of the speech competition in which large number of students participated.
17. Few students after school readily cleaned the drainage by picking up the plastics that block.
18. Paper decorations and handmade things were prepared and used by the students for the teacher's day.
19. Cloth towel spread is promoted instead of plastic sheet and water from the bucket is used for hand wash instead of the tap. In charges in the class check the on/off of switches to save electricity.





**Reported by
SR.SMITHA.C.J**

C.J FEST

ST. MARY'S CONVENT SCHOOL, MULUND 2019



I love the sunshine



I love the sunshine



The Friends of Mary Ward and students of *JPIC* and staff from six schools met together to reflect on the life, qualities and spirituality of Venerable Mary Ward. There were sixty students and six teachers and six sisters from C.J schools of Bangalore Region. It was held at St. Mary's Convent school, Mulund. Sr. Christine, Sr. Edwina, staff and students arranged all the facilities for the participants.

Sr. Daisy C.J. the Regional Superior of Bangalore Region welcomed the gathering, the purpose of which was to celebrate union of hearts among Friends of Mary Ward, and students of *JPIC*. She exhorted all to be passionate about whatever we do these three days. The purpose of the fest was to remind them of Mary Ward's rich legacy which inspires all involved in her schools today to be **"Seekers of truth and doers of Justice."** The students were invited to deepen their spirituality and to learn and live the charism of Venerable Mary Ward in the 21st century. Sr. Vinita C.J from Kathmandu (NEPAL) was the resource person. She explained the spirituality of Mary Ward with the help of the *Painted Life*. She motivated the students through stories, group discussions, group activities and collage making in mixed groups.

On Mary Ward's portrait each group wrote the qualities of Mary Ward like, Competence, Intellectual qualities, spirit of hard work, determination, deep and strong faith in God and calmness. Some of the themes covered during the meeting were Mary Ward's trust and right relationship with God and with the Whole Creation.

The students of *JPIC* prepared collage on - *save mother Earth, plant trees and protect the environment, Take sides with the poor and support them, work for unity, peace and justice.* We need to pray and act so as to reflect the charism of Mary Ward and the face of God everywhere in the places of our daily life. Sr. Vinita explained and invited the students to reflect on how Mary Ward's struggles and her faith in overcoming these could be applied in our own lives.

Mary Ward Quiz was an exciting event. All the schools had prepared well. The quiz masters were well versed in Mary Ward's life. The questions were arranged very well.

The students had lots of games. The camp fire helped them to display their talents and to have fun with their friends.

Sr. Daisy reminded the students the quote of Mary Ward **"Be such as we appear and appear such as we are."** All the participants were awarded with memento. After preparing action plans, evaluation and vote of thanks we said good bye to our friends till we meet again in 2020.

Reported by
SR. DAISY C.J

ST. MARY'S COVENT SCHOOL, ALAKODE- KERALA

JPIC and Mary Ward Friends had a meeting in the beginning of the school year and drew up an action plan which is being carried out throughout the academic year. Recurring floods and natural calamities suffered by the people of the state had the effect of a shock treatment and now they have realized the importance of caring for the environment. Therefore the thrust of the action plan is to conscientise the students about their role in saving the nature. The action plan and the activities carried out so far are as follows.

Month	Action Plan	Activity Undertaken
June	Tree Plantation Drive Essay writing Anti Drug Day Eco Garden	Every student planted a sapling as a part of "ONE CHILD ONE PLANT" campaign of CBSE. Essay Writing competition was conducted on the topic "Save Mother Earth". The Eco club members planted medicinal plants in the garden maintained by the Eco Club members. A seminar was conducted for the students on the topic "SAY NO TO DRUGS".
July	Water Conservation & Plastic ban	The students pledged to save 1 litre water per day and to reduce re-use and recycle plastics during a special assembly organized for the purpose. The students were taught to make paper bags.
August	Poster making Help poor students	Poster making competition was held on the topic "Towards a peaceful Co-Habitation." The students of Class VI accompanied by their teacher Mrs. Soji Sunil and Sr. Carina visited a KG school in the locality and gave them notebooks color pencils etc.
September	Cyber Safety	A half day seminar on Cyber Crime and safety was organized to raise awareness about the increasing number of cyber crime. The resource person was Mr. Habeeb Rahman Chief Police Officer of Alakode.
October	Cleanliness Drive	The students of class IX cleaned the bus stop in front of the school
November	Exhibition & Charity	"Best out of waste" was the theme of the exhibition. The students made various decorative pieces out of old plastics, paper etc. Commerce students of classes XI & XII organised a Commerce Fair and the profit from it was given for the treatment of a deserving sick person.
December	Eco Quiz	An Eco Quiz was conducted for the students of Classes V-XI.



**Reported by
SR. SHERLY CJ**

**Compiled by
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